

Spring
2007



Education

College Station Parks & Recreation Department
College Station Independent School District



Education

We Provide The Good Things In Life

Xtra is a cooperative joint adventure involving College Station Parks & Recreation Department and CSISD. We have worked together to produce the finest quality educational/recreational programs and made them available to you. Take a look at the Spring 2007 selection of courses and make choices to enhance the quality of your life. These creative activity programs are designed to give you quality educational activities that are fun and rewarding. All of our programs are conveniently scheduled during the evening hours to allow you to utilize leisure time for educational activities. We give no exams, grades, or degrees, but instead, we offer you the opportunity to learn and explore your special interests in a positive learning environment.

Class size is limited to insure class quality, so be sure to register early! Let us know if you have any suggestions for class offerings that you would like to see in the future. Please call us at **764-3486** for more information on our leisure learning educational programs.

Meet Our Staff

Program Director Dana Albrecht
Supervisor Jenny Hartsfield
Site Supervisor Jamie Lukeman

Info

Class space is limited to insure quality of classes. We want to provide a quality learning experience for you.

What

Quality leisure educational programs to enhance the quality of your life.

When

Registration begins January 16th from 8am - 5pm. Registration will continue until classes begin or fill.

Where

The Xtra Education Office is located in College Station Central Park in the Parks & Recreation office at 1000 Krenk Tap Road.

How

Register in person at the Parks & Recreation Department located in Central Park. We accept cash, checks and Visa, Mastercard and Discover.

Who

All of our classes are open to anyone 13 years of age or older. We have classes designed just for seniors and some classes just for kids!

Why

Experience the good things in leisure learning programs. Register early to insure the classes of your choice.

Information

**Registration
Begins
January 16th**

Instructors Needed

Xtra Education is always seeking enthusiastic instructors with innovative ideas. We would like to be able to offer progressive classes that constantly challenge and explore. If you possess a skill or valuable knowledge that you would like to share with your community, be sure to contact us.

Call Xtra Education
CS Central Park **764-3486**
Paid instructor positions

Special Access Services

Call
CS Parks &
Recreation
at **764-3486**

and inform us of your special needs or circumstances. We will try to accommodate your needs.

Refund Policy

All customer initiated refunds **must** be requested a full **7 days prior** to the first scheduled class meeting. A **\$10.00** handling fee will be assessed to each requested class refund.

**For Info Call Us
979/764-3486**

General Information

Course Information

Xtra Education classes will be meeting at CSISD campus locations, and CS Park facilities. Some of our speciality classes will be meeting in local establishments that can furnish a more well-suited environment. Exact class locations are not posted with the class listings in this catalog. Class sites and room numbers are furnished to each patron upon registration for a specific class. This helps us to guarantee you the quality program that you deserve.

Supplies and Textbooks

We strive to keep the cost of our educational programs as low as possible and strive to ensure the quality of programming offered to you. Your class receipt will include the specific information as to what is needed before each class begins. Some arts & crafts classes will have a supply list per student. Unless otherwise stated, supplies and textbooks are not included in the course fee. Some classes will have an in-class fee, as noted in the course descriptions, to cover materials.

Liabilities

Xtra Education exercises great care when selecting instructors and class locations. Our class leaders and instructors are both knowledgeable and competent. We make no guarantees, expressed or implied, that classroom instruction will result in specific gain. We cannot be held responsible for any loss, material or otherwise, incurred while following an instructor's directions. Xtra Ed is not responsible for any personal property left at any class site. Students take classes at their own risk. Neither Xtra Education, City of College Station, CSISD, nor any of its agents is liable for any injury you may sustain during your participation in our programs.

Cancelled Classes

Xtra Education reserves the right to cancel classes, change times or locations, and substitute instructors as deemed necessary by our director. Classes will be cancelled the morning of the scheduled start date if the minimum enrollment numbers are not met. Register early for classes.

Refunds and Transfers

Full refunds are available for classes that are cancelled by Xtra Education due to low enrollment. Customer requested refunds must be requested a full 7 days prior to the start date of the class. A \$10 processing fee will be charged for customer requested refunds. Refunds for fees take 2 weeks for processing and mailing. If you withdraw from a class less than 7 calendar days prior to the class start date, you will NOT be eligible for a refund. If you are unhappy with your selected course after completion, please write a letter to our director specifying your reasons for dissatisfaction with the course. You must submit your request in writing within 14 days after the course's completion. We want to provide you with quality educational programs. Your input is always important to us!

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Can You Teach For Xtra Education ?

Xtra Education Needs You ! We are always looking for new course ideas and input from our community. If you have a talent or skill that you would like to share, be sure to contact us at 764-3486. Share your skills and talents with your community.

Spanish I

The most practical of all foreign languages for anyone living close to the border. This beginning level class will focus on communication, conversation, class dialogue, grammar, vocabulary, and proper pronunciation of the Spanish language. All class materials are provided and no previous experience is required for this class.

Section A

T/Th, Jan 23 - March 1
1-2:30pm
\$85 class fee

Section B

T/Th, Jan 23 - March 1
6-7:30pm
\$85 class fee

Section C

T/Th, March 27 - May 3
1-2:30pm
\$85 class fee

Section D

T/Th, March 27 - May 3
6-7:30pm
\$85 class fee

Spanish II

A more in depth class designed for those who have previous Spanish language training or as a continuation of beginning Spanish. This class will provide more emphasis on pronunciation, extended vocabulary, and grammar. All handouts and materials are provided for this class. Basic experience with the Spanish language or previous completion of a Spanish I class is required for this intermediate class. All materials are supplied for this class.

Section A

T/Th, Jan 23 - March 1
10-11:30am
\$85 class fee

Section B

T/Th, March 27 - May 3
7:30-9pm
\$85 class fee

LANGUAGES

SPEAK TO THE WORLD

German

This class is an introduction into the German language. The instructor is a German native that is fluent in both the English and German languages. Learn a new language and gain insight and life experience with the daily culture. A great class for beginners to prepare for travel or brush up for future study.

M/W, Jan 29 - March 7
6-7:30pm
\$75 class fee

Chinese

This class is a beginner's introduction into the basics of the Mandarin Chinese language. We will focus on the basics of pronunciation and conversational elements. Cultural insights, customs, lifestyle and events will also be included in this study.

T/Th, Jan 30 - March 8
6:30-8pm
\$75 class fee

French

Have you been planning to learn French or maybe travel abroad? Make your trip more pleasant and dedicate yourself to the adventure of learning this romantic and beautiful language. A great beginning into the discovery of the French Language.

M/W, Jan 22 - Feb 28
6:30-8pm
\$75 class fee

Japanese I

This class is an introduction into the Japanese language and an insight into the culture. The instructor is fluent in both the English and Japanese languages and has life experience with the daily culture. The last class will be an authentic Japanese Tea ceremony.

M/W, Jan 29 - March 7
6:30-8pm
\$75 class fee

Japanese II

A continuation of Japanese just for those of you with previous knowledge.

M/W, March 26 - May 7
6:30-8pm
\$75 class fee

ESL I

A beginner course designed for those whose native language is **not** English. Learn the language with an emphasis on vocabulary, pronunciation, communication and grammar structure.

Section A T/Th, Jan 23 - March 1
6-7:30pm

Section B T/Th, Mar 20 - April 26
6-7:30pm
\$85 class fee

ESL II

Special sections will cover various aspects of American life, culture, customs and basic survival skills.

Section A T/Th, Jan 23 - March 1
7:30-9pm

Section B T/Th, Mar 20 - April 26
7:30-9pm
\$85 class fee

Sign Language

Sign language allows for complete communication within the world of the hearing impaired. This course is designed to help you learn signing and communication techniques.

Dates TBA
6:30-8:30pm
\$75 class fee

C&W Dance I

Dust off those boots and learn all the basics of the Texas two-step, Polka, and Waltz. This class is designed for beginners who want to learn to C&W dance. A great way to meet lots of new people and learn to dance in a comfortable and relaxed atmosphere.

Section A Mon. Feb 5, 12, 19, 26
6-7:30pm

Section B Mon. April 16- May 7
6-7:30pm

\$30 class fee

C&W Dance II

Go two steps further and polish up those newly learned dance steps. Try out the cowboy cha cha, new moves with the polka waltz and two step.

Mon. April 16 - May 7
7:30-9pm

\$30 class fee

Jitterbug

Don't just sit there on the side and watch all the action, be the hit of the dance floor. Start out with the basic jitterbug steps and then progress to the latest jitterbug turns, twists and dips.

Mon. Feb 5, 12, 19, 26
7:30-9pm

\$30 class fee

Swing Dance

Big Band, rock, oldies or country--no matter what kind of music, Swing to it. You will learn the basic steps, spins, and dance craze turns to get you dancing to your favorite type of music.

Tues. April 10, 17, 24, May 1
6-7:30pm

\$30 class fee

Latin Dance

Discover Latin Dance with a strong sense of timing, rhythm and style. Learn the basics of Salsa, Mamba, Merengue, ChaCha and more.

Tues. April 10, 17, 24, May 1
7:30-9pm

\$30 class fee

DANCE

STEP BY STEP

Ballroom Dance

Do you want to "Dance with the Stars" or just have some fun at that upcoming wedding, ring dance, formal ball or gala? Polish up those dancing shoes and learn the basics of all of the traditional ballroom dances. This dance class will cover the basic steps of the waltz, fox trot, tango, cha cha, and rumba. Have a ball with us!

Tues. Jan 23 - Feb 13
6-7:30pm

\$30 class fee

Bellydance I

Middle Eastern bellydance is a beautiful art form as well as great exercise for everyone. This class will cover the basic bellydance movements and styles. Learn to move with grace, charm and control and have fun too.

Section A

Thurs. Jan 25 - March 1
6-7pm

Section B

Thurs. March 22 - April 26
6-7pm

\$55 class fee

Bellydance II

A continuation class for individuals with previous bellydance experience. Practice the basic skills and refine your new talents. This class will give you the opportunity to take your new skills to a higher level.

Thurs. March 22 - April 26
7-8pm

\$55 class fee

Ballet For All

A multi-level class to learn classical ballet taught with the Cecchetti methods. This class is for toning through proper ballet technique with emphasis on Ballet Barre work.

Section A Sat. Jan 20 - Feb 3
10-11am

Section B Sat. Feb 10 - Feb 24
10-11am

Section C Sat. March 24 - April 7
10-11am

Section D Sat. April 14 - 28
10-11am

\$30 class fee

Jazz Dance For All

Learn the basics of Jazz dance in a multi-level class for all. Basic rhythm, movement and coordination are taught using pop/hip-hop music.

Section A Wed. Jan 24 - Feb 7
7:30-8:30pm

Section B Wed. Feb 21 - March 7
7:30-8:30pm

\$30 class fee

Am. Caberet Dance

Caberet merges with Egyptian bellydance for multi-faceted routines with a flair for the dramatic. Fun!

Section A Mon. Jan 22 - Feb 5
7:30-8:30pm

Section B Mon. Feb 12 - 26
7:30-8:30pm

Section C Mon. March 19 - April 2
7:30-8:30pm

\$30 class fee

Tropical Fusion

This tropical dance class is a mix of Costa Rican Latin with middle eastern bellydance. Learn the vibrating shimmy and shaker movements of hips and shoulders for a workout and lots of fun.

Section A Wed. Jan 24 - Feb 7
11am - 12noon

Section B Wed. Feb 21 - March 7
11am - 12noon

Section C Wed. March 21 - April 4
11am - 12noon

\$30 class fee

SPECIALTY SENIOR CLASSES

All of these enrichment classes are designed with seniors in mind, but open to anyone that is interested in attending. Call the Senior Services Coordinator at 764-6371 for more information.

Bridge 101

Come join the fun and learn the game of bridge. This class is designed especially for beginners and is taught in a fun way to learn the game of bridge.

Mon. Feb 5 - March 5

9:30-11:30am **\$35 class fee**

Friday Bridge

This group plays for fun on the 1st and 3rd Friday of each month. No partners needed.

9:15am - 12 noon **Free for All**

Writing Memoirs

This course is designed for ordinary people that wish to write their reminiscences, life stories and document events of the past.

Tues. Jan 30 - March 6

2-4pm **\$35 class fee**

Photo Preservation

Organize your photos and safely preserve your memories. This class will introduce you to storage and organizational methods and tips to developing a photo-safe storage system.

Tues. Feb 6, 13, 20

9:30-11:30am **\$35 class fee**

Senior Dances

Join us for a ballroom dance event. All types of ballroom music will be played for you to dance the night away. Just pay at the door.

Thurs. Feb 8, April 19

7-9:30pm **\$5 event fee**

Genealogy

Discover the fun of family history and learn how to solve the mystery of your family's origin and past history. The beginner genealogist will be introduced to several methods of research.

Tues. March 20 - May 1

9:30-11:30am
6 **\$35 class fee**

Computers 101

A beginner computer class for you.

Section A & B

M/W, Jan 29 - Feb 14

9-10:30am **or** 10:45am-12:15pm

Section C & D

T/Th, Feb 20 - Mar 8

9-10:30am **or** 10:45am-12:15pm

Section E & F

M/W, April 9 - 25

9-10:30am **or** 10:45am-12:15pm

\$55 class fee

Computers 102

Section A & B

T/Th, Jan 30 - Feb 15

9-10:30am **or** 10:45am-12:15pm

Section C & D

M/W, Feb 19 - Mar 7

9-10:30am **or** 10:45am-12:15pm

Section E & F

T/Th, April 3 - April 19

9-10:30am **or** 10:45am-12:15pm

\$55 class fee

PC User Tips

Section A & B

M/W, March 19, 21

9-10:30am **or** 10:45am-12:15pm

Section C T/Th, April 24, 26

10:45am-12:15pm

\$30 class fee

Internet & E-mail

Use the internet setup e-mail.

Section A T/Th, April 24, 26

9-10:30am

Section B M/W, April 30, May 2

10:45am-12:15pm

Section C T/Th, May 1, 3

10:45am-12:15pm

\$30 class fee

Computer Club

Seniors interested in improving computer skills and learning new applications are invited to attend the computer club meetings. Call 764-6371 for locations. Meets on the 1st Wednesdays of each month. 9-10:30am

Quicken

A program to help you manage your income and expenses. Learn to setup accounts and generate reports.

Section A & B T/Th, March 20, 22

9-10:30am **or** 10:45am-12:15pm

Section C M/W, April 30, May 2

9-10:30am **\$30 class fee**

Power Point

Discover this easy to use program to create presentations and slide shows.

Section A & B M/W, April 2, 4

9-10:30am **or** 10:45am-12:15pm

Section C T/Th, May 1, 3

9-10:30am **\$30 class fee**

"42" Players Group

Gather with other adults who enjoy the game of "42" on the 2nd and 4th Thurs. each month. Group meets at the EXIT Teen Center. Call 764-6371

9:30am - 11:30am **Free for All**

Senior Citizen Police & Fire Academy

Learn more about CS Police & Fire departments in a course designed just for you. Course will include crimes against the elderly, fire prevention and personal safety tips, traffic and law enforcement, CPR and more. Call 764-3624 to receive an application.

Thurs. April 5 - May 24

9-11:30am **Free for All**

Digital Photography

So, you got a digital camera for Christmas..... Now what? Learn how to take better pictures, color correct, crop and edit your photos. Explore printing and sharing your pictures.

Thurs. Feb 1 - March 1

10-11am
\$35 class fee

Crochet

Learn the basic crochet stitches and practice putting it all together. Learn how to read patterns and select projects. No previous experience is necessary. In class fee \$8.

Section A Thurs. Feb 1-15

10am - 11:30am

Section B Thurs. Feb 1-15

5:30-7pm

Section C Tues. Feb 27- March 13

10am - 11:30am

Section D Tues. Feb 27- March 13

5:30-7pm

\$30 class fee

Knitting I

Learn the basic stitches and construction methods of knitting. Learn the skills to enable you to create sweaters, blankets, baby clothes or afghans. In class fee of \$9 for supplies.

Section A Tues. Jan 30- Feb 13

10am - 11:30am

Section B Tues. Jan 30- Feb 13

5:30-7pm

Section C Thurs. March 1 - 15

10am - 11:30am

Section D Thurs. March 1 - 15

5:30-7pm

\$30 class fee

Knitting Workshop

This a hands-on workshop for those with basic knitting skills. Improve your technique and further your skills.

Thurs. March 1

6-9pm

\$20 class fee

Counted Cross Stitch

Learn the basics of the "X" stitch to complete a counted cross stitch art piece. Discover how easy it is to read charts and patterns, gain the knowledge to be able to block your finished work for framing. In class fee \$10.

Section A Tues. Feb 6, 13, 20

6-9pm

Section B Thurs. Feb 8, 15, 22

6-9pm

\$20 class fee

CRAFTS

PINS AND NEEDLES

Sewing 101

A Techniques Class

A sewing techniques class for beginners. This class is taught at Sew Vac City. Learn the basic sewing techniques needed for sewing clothes and creating home decoration items. This is not a project class but you will go home with samples of basic learned techniques. A supply list is available at the first class meeting.

Section A Mon. Feb 5, 12, 19, 26

6-10pm

Section B Mon. April 9, 16, 23, 30

6-10pm

\$85 class fee

Spinning Drop Spindles

Learn this almost lost method of spinning. Spin your own yarn using the drop spindle method. There is a \$10 fee to cover all tools and supplies.

Tues. Feb 20

5:30-7pm

\$20 class fee

Hand Held Loom Weaving

Learn to loom weave with a hand-held loom that fits in the palm of your hand. Create swatches that can be assembled into afghans, lap throws, pillows and other decorative home items. There is an class fee of \$22 to cover all tools and supplies.

Tues. Feb 20

6-9pm

\$20 class fee

Quilting I

Learn the techniques for creating a sampler quilt which includes five basic quilt blocks. Skills learned will include fabric selection, rotary cutting and piecing. Supply list at the first class.

Mon. Jan 22 - Feb 26

6-9pm

\$70 class fee

Quilting II

This class is for experienced beginners. Construction of a table runner/ wallhanging will provide the opportunity to expand piecing skills, apply borders, layer and baste, bind, and quilt. Supply list at the first class.

Mon. March 19 - April 23

6-9pm

\$70 class fee

Little Lone Star

If you know how to cut and paste, then you can make this beautiful quilt. This quilt is about instant gratification. Easy and Fun! See sample at registration.

Tues. Feb 6, 12, 20, 27

6-9pm

\$30 class fee

Lucky Stars

An easy star quilt that uses fat quarters. Every star will be floating across the quilt with no lost corners in the seam allowances. Sample at registration.

Tues. May 1, 8, 15, 22

6-9pm

\$30 class fee

Wedding Ring

Make the traditional wedding ring quilt using a faster and easier method. No curved seams, simple and easy!

Tues. April 3, 10, 17, 24

6-9pm

\$30 class fee

Cotton Theory

Use this easy fold and finish technique to quilt a project and then assemble. You will create a reversible project.

Tues. March 6, 20, 27

6-9pm

\$20 class fee

Floral Arranging

A great course for those of you who are interested in either silk or dried flower arranging. Emphasis will be in the areas of color coordination, material selection, principles of floral design, and drying techniques. A supply list is available at registration.

Section A Wed. TBA

1-4pm

\$45 class fee

Section B Wed. TBA

6-9pm

\$45 class fee

Twist on Walls Faux Finishes

You won't believe how EASY it is for YOU to create fabulous faux wall finishes. A professional faux painter will share her shortcuts and secrets as you learn---hands on. It just takes a twist of the wrist and the tricks of the trade to beautify a wall! Learn techniques and styles to be able to transform your home into a work of art. In class fee of \$27 for all supplies for class use.

Tues. March 20

6-8:30pm

\$30 class fee

Homemade Toiletries

Learn how to make your own toiletry items such as lotions, bath oils, toners and face masks. There is an in class fee of \$6 for handouts, ingredients and finished product containers.

Thurs. Feb 15

6-9pm

\$20 class fee

Photo Preservation

Organize your photos and safely preserve your memories. This class will introduce you to storage and organizational methods and tips to developing a photo-safe storage system.

Tues. Feb 6, 13, 20

9:30-11:30am

8

\$35 class fee

CRAFTS

ENJOY CREATIVE DISCOVERY

Mosaics Made Easy

An introduction to mosaics using a small table top as a class project. You furnish a small table or card table and we will give the in class experience to complete your project. Some supplies are included. Supply list at registration.

Tues. Feb 6, 13, 20, 27

6-9pm

\$50 class fee

Soap Making

Learn how to make your own soaps by using an easy kitchen method. You can control the additives and scents to create a specialty soap just for you. In class fee of \$4 for supplies.

Section A Thurs. Feb 1

6-9pm

\$30 class fee

Section B Thurs. April 5

6-9pm

\$30 class fee

Professional Upholstery Techniques

Learn the basic upholstery techniques needed to enable you to do simple projects. We supply the shop and all the tools for this hands-on class with a local upholstery professional. The first night is a demonstration and supply discussion. You will be able to complete a beginner level project.

Thurs. April 5 - May 10

6-9pm

\$125 class fee

The Art of Stained Glass

Create your own beautiful stained glass artwork, windows or wall hangings. This class is geared toward individual interests and budgets. You will learn glass cutting, foil wrapping, and soldering. All stained glass art tools are available for in class use. Each student must purchase their own project glass foil and soldering supplies.

Section A

Tues. Jan 23 - Feb 27 (skip 2/6)

2-5pm

\$75 class fee

Section B

Tues. Jan 23 - Feb 27 (skip 2/6)

6-9pm

\$75 class fee

Section C

Thurs. March 22 - April 26 (skip 4/5)

2-5pm

\$75 class fee

Section D

Thurs. March 22 - April 26 (skip 4/5)

6-9pm

\$75 class fee

Recycle
Share
This Catalog
With
Some Friends

Balloon Animals Clown Style

Discover the basics of balloon blowing, tying and twisting of the balloons into artistic creations. Balloons, air pumps and lots of creative ideas are furnished for this class. Come out and enjoy a clowning art. You could be the hit of any party or just clown around.

Mon. March 5

6:30-8:30pm

\$20 class fee

Sewing 101

A Techniques Class

A sewing techniques class for beginners. This class is taught at Sew Vac City with sewing machines provided for your in class use. Learn the basic sewing techniques needed for sewing clothes and creating designer home decoration items. This is not a project class but a class to learn all of the basic sewing techniques needed to create on your own. You will complete the class with samples of basic learned techniques. All supplies will be discussed and explained before you purchase anything. A complete supply list is available for you during the first sewing class meeting at Sew Vac City.

Section A Mon. Feb 5, 12, 19, 26
6-10pm
\$85 class fee

Section B Mon. April 9, 16, 23, 30
6-10pm
\$85 class fee

Billiards 101

This is an introduction to pocket billiards. More commonly known as "Pool", is the 2nd most popular leisure activity in the U.S. Come find out why and learn to play for enjoyment! Learn the basics rules and strategies, discover shooting techniques and gain some skills. This class is for beginners and is taught by a competitive player so you will learn to play this great game the right way!. Class meets at POETS Billiards.

Section A Sat. Jan 27
5-7pm
\$25 class fee

Section B Sat. Feb 24
5-7pm
\$25 class fee

Section C Sat. March 31
5-7pm
\$25 class fee

Section D Sat. April 21
5-7pm
\$25 class fee

CRAFTS

ENJOY CREATIVE DISCOVERY

Calligraphy I

Explore the world of fine writing and develop your own flair for artistic lettering. Learn the basics of several writing styles and calligraphy types for invitations, poetry and special documents. Supply list at registration.

Tues. Jan 23 - March 6
7-9pm
\$50 class fee

Calligraphy II

Take your new skills of fine writing to a higher level. Develop your own personal style. Each student will work on an individual project for the duration of the class.

Tues. March 27 - May 1
7-9pm
\$50 class fee

Basket Weaving

Make an authentic woven African basket. This class will use natural sisal fibers that are native to East African regions. The baskets are woven using the sisal threads that are dyed with natural plant extracts to generate a wide array of colored threads. A hands-on creative experience designed to teach authentic hand weaving methods. In class fee of \$12 will cover all of the tools and materials needed.

Section A Tues. Feb 6, 13, 20, 27
7-9pm

Section B Tues. April 3, 10, 17, 24
7-9pm
\$25 class fee

Intro to Clay Working on the Potter's Wheel

An introduction to the basics of wheel thrown pottery designed especially for beginners. Discover the process of working with clay, tools used, and types of materials needed to produce hand made pottery. All materials and glazing needs are included in the class fee. This class is taught by a professional potter. Class meets at Mud Creek Pottery Studio in Calvert, Texas. Come out and get your hands dirty and discover the world of clay.

Section A
T/Th, Jan 23, 25, 30, Feb 1
6-8pm

Section B
T/Th, Feb 6, 8, 13, 15
6-8pm
\$95 class fee

Raku Firing Saturday Seminar

Join us for a full day seminar to experience the world of the Raku clay firing. Raku is an old world firing process that produces interesting colors and patterns. All of your supplies are included and each student will leave with Raku fired piece of hand made pottery.

Sat. Feb 10
10am - 4pm
\$55 class fee

Hand Held Loom Weaving

Learn to loom weave with a hand-held loom that fits in the palm of your hand. Create swatches that can be assembled into afghans, lap throws, pillows and other decorative home items. There is an class fee of \$22 to cover all tools and supplies. You will leave with your own loom and materials.

Tues. Feb 20
6-9pm
\$20 class fee

Basics of Investing

This course is designed for novice investors or those just wanting to get started. The course begins with very basic concepts such as goal setting and risk evaluation. Experience stocks, bonds, mutual funds, options and a sense of practical understanding.

Wed. Jan 31 - Feb 28

7-8:30pm

\$45 class fee

How to Sell A House

When you put your home on the market, you will need to know all of the professionals' secrets for success. Prepare your house and yourself for a profitable sale. Your house is your biggest asset, so be sure you get the most return from your investment.

Section A Wed. Jan 31

6-9pm

Section B Thurs. April 12

6-9pm

\$30 class fee

How to Buy A House

Explore the pathway to the purchase of your new home. This class will introduce you to the world of lenders, mortgage companies, inspectors and Realtors. Visit with a group of professionals to learn some cost saving do's and don'ts for buying a home.

Sat. Feb 10

1-4pm

\$30 class fee

Tennis Lessons

Session I Jan 16 - Feb 8

Session II Feb 12 - March 8

Session III March 19 - April 12

Adult Beginner Team Tennis

M/W, 5:30-7pm

Adult Intermediate Team Tennis

M/W, 7-8:30pm

Adult Advanced Team Tennis

M/W, 7-8:30pm

10 \$65 class fee per session

SPECIAL INTEREST

ENHANCE YOUR LIFE

Yoga Fitness

A multi-level fitness class based on Hatha Yoga designed to enhance physical fitness, tranquility and foster stress relief. Wear comfortable clothes and bring a Yoga mat.

Section A M & F, Jan 22 - Feb 6

8:30-9:30am

Section B M & F, Feb 12 - March 2

8:30-9:30am

Section C M & F, March 19 - April 6

8:30-9:30am

Section D M & F, April 9 - 27

8:30-9:30am

\$60 class fee

Prenatal Yoga

Strengthen your body to prepare for child bearing and relieve the common discomforts experienced during pregnancy. Strengthen the emotional, and physical bond between mom and child.

Section A Sat. Jan 20 - Feb 3

11am - 12 noon

Section B Sat. Feb 10 - 24

11am - 12 noon

Section C Sat. March 24 - April 7

11am - 12 noon

\$30 class fee

H2O Fitness

Stretching, toning, strengthening and aerobic exercise all without getting your hair or face wet. Class meets in heated indoor pool. Great for all ages.

Morning Class Mon - Fri 9-10am

Come as many times as you want

Spring Pass \$80 (Mar. Apr. May)

Evening Class Mon-Thur 7-8pm

Spring Pass \$60 (Mar. Apr. May)

Pilates

A body conditioning class focusing on the abdominals. We will strengthen, stretch and tone the entire body while using the abdominal muscles to stabilize body movements.

Morning Classes

Section A Mon. Jan 22 - Feb 5

11am - 12 noon

\$30 class fee

Section B Mon. Feb 12 - 26

11am - 12 noon

\$30 class fee

Section C Mon. March 19 - April 2

11am - 12 noon

\$30 class fee

Section D Mon. April 9 - 23

11am - 12 noon

\$30 class fee

Evening Classes

Section E Tues. Jan 23 - Feb 13

7:30-8:30pm

\$45 class fee

Section F T/Th, Feb 13 - March 1

5:30-6:30pm

\$60 class fee

Section G T/Th, March 20 - April 5

5:30-6:30pm

\$60 class fee

Yogalates

A combination of Yoga and Pilates that will focus the mind on body and breathing techniques. Wear comfortable clothes and bring a Yoga mat.

Section A T,W,Th, Jan 23 - Feb 8

10-11am

Section B T,W,Th, Feb 13 - Mar 1

10-11am

Section A T,W,Th, Mar 20 - April 5

10-11am

\$90 class fee

Professional Wine Tasting Classes

All Messina Hof Wine Tasting classes are for patrons that are 21 years of age or older. Delicious foods are served with the wines of the evening.

Cool Wines for a Hot Summer

Crisp whites, cool roses, and even a red wine or two.....Quench your thirst with some perfect summer wines. Learn which wines are a perfect match for bright flavors, garden fresh ingredients, and grilled meats. Learn to pair wine with summer foods like a pro. A multi course menu will be prepared to match the wines.

Tues. May 1
7-8:30pm
\$65 class fee

Vintage House Cooking Classes

All Messina Hof - Vintage House gourmet cooking classes include complete preparation instructions, all recipes, a full 4 course meal, the perfect wine with each course, goody bags and entry to win a giveaway! An enjoyable evening and tasty fun for all!

Pacific Rim Cuisine

Pacific Rim cuisine is an exciting mixture of unique flavors and cultures. It is a little Vietnamese with a touch of Thai and a hint of Hawaiian with a dash of French. A tasty experience!

Thurs. Jan 18
6:30-8:30pm **\$65 class fee**

Aphrodisiacs

It is conjecture as to whether there is any legitimacy to the concept of aphrodisiacs. We will let you be the judge.

Thurs. Feb 8
6:30-8:30pm **\$65 class fee**

MESSINA HOF WINERY

**Call 778-9463 x34
For Reservations**

Wine & Seafood

Only white wines with seafood, right? The options may surprise you! This interactive experience will open your eyes and excite your senses with some unconventional pairings. A multi course menu will be prepared to match the interesting wines.

Tues. April 3
7-8:30pm
\$65 class fee

COOKING CLASSES

**Call 778-9463 x34
For Reservations**

Cajun VS Creole

If you want to spark an argument among Louisiana gourmets, ask them to tell you the difference between Cajun and Creole cooking. It will definitely be entertaining.

Thurs. March 15
6:30-8:30pm **\$65 class fee**

Romantic Grilling

Add real fire to your perfect menu for two. Nothing in life is more passionate than food. To have a passion for life is to have a passion for a good meal. It is no wonder that romance and food are so heavily tied together in life.

Thurs. April 12
6:30-8:30pm **\$65 class fee**

Wine Evaluation I The Whites

Learn the steps, methods and secrets of wine evaluation from sight, smell, taste and touch. We will focus on the complexities of white wines as you learn to identify different flavors. Appetizers will be paired with each wine.

Tues. Feb 6
7-8:30pm

\$45 class fee

Wine Evaluation II The Reds

Can a red wine be elegant? Can you really taste blueberries and chocolate? Appetizers will be paired with each wine. Learn the steps, methods and secrets of wine evaluation from sight, smell, taste and touch.

Tues. March 6
7-8:30pm
\$45 class fee

The Black Forest

Germany has a rich and diverse assortment of foods and specialties. Take a walk with us through the German side of Messina Hof and find out there is more than sausages, beer and sauerkraut to the German culture.

Thurs. May 10
6:30-8:30pm **\$65 class fee**

Tropical Islands

Caribbean food is a rich reminder of the ancestry of the Caribbean people. A blend of ethnic influences brings together the tastes of natives, Europeans and African flavors.

Thurs. June 14
6:30-8:30pm **\$65 class fee**

Australian Outback

Australia is known for its fresh ingredients such as seafood, fruits, beef, lamb as well as world class cheeses. Experience all of the flavors of the Outback.

Thurs. July 12
6:30-8:30pm
\$65 class fee

Drawing

This class is designed to allow each individual to work at their own pace. Work with still-life, shade and shadow and depth studies. For Beginners !

Section A

Wed. Jan 31 - March 7
1 - 3pm

Section B

Wed. March 21 - April 25
1 - 3pm

\$45 class fee

Painting

Examine the basics of painting using a variety of acrylic techniques. Instruction will include materials, color mixing light and shadows, paint application, and finishing techniques. This class is designed for all levels of artistic ability.

Section A Mon. Jan 29 - March 5
12noon - 3pm

Section B Mon. March 26 - May 7
12noon - 3pm
\$55 class fee

Watercolor

A study of the basic watercolor techniques suited for the beginner. Learn various watercolor wash and brush stroke techniques. Explore all of the possibilities of color hues and values.

Section A Thurs. Feb 1 - March 8
12noon - 3pm

Section B Thurs. Mar 22 - April 26
12noon - 3pm
\$55 class fee

Draw the Natural Human Figure

This class is for seasoned mature artists only. This course will cover all the aspects of the art of drawing the natural human figure. Each of these studio sessions will utilize a series of live models for artistic human figure study. Must be 18 to register.

Tues. March 27 - May 1
6-9pm

12

\$85 class fee

FINE ARTS

ART AND MUSIC

Instant Piano For Busy People

Music teachers wouldn't want you to know this, but you don't need years of lessons to learn enough secrets of the trade to give you years of musical enjoyment. You can learn all the chords you will need to play any song in one session. Any song, any style, any key. If you can find middle C and you know the meaning of "Every Good Boy Does Fine" then you already know enough to enroll. In class material fee of \$28.

Tues. March 20

6:30-9:30pm

\$40 class fee

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Learn to Play the Guitar

Have you always wanted to play the guitar? Then this class is created just for you! In this class you will learn most of the major and minor chords, strumming techniques, picking, and the music theory necessary to develop a strong foundation. Be sure to bring an acoustic guitar to each class.

Section A

Tues. Jan 30 - March 6
6:30-8pm

\$85 class fee

Section B

Tues. March 27 - May 1
6:30-8pm

\$85 class fee

Photography I

A class for nonprofessional photographers who wish to improve their photos through hands-on experience and guidance. Discover how to maximize your photos with concentration on subject, composition, perspective, and overall photo impact. Explore still photos, scenic, candid, portraits and architectural photography. This class will utilize film and digital cameras.

Sect A Thurs. Jan 25- Feb 15
6:30-8:30pm

Sect B Thurs. March 1 - 29
6:30-8:30pm

\$50 class fee

Photography II

This course is for those of you who want to know more than the basics of camera operation and develop your basic techniques. Class will cover proper lighting, poses, action events, still-life, after dark photography, close-ups, portraits, and travel photography. Basic photography skills with film or digital cameras are required for this very insightful course.

Thurs. April 5, 12, 19, 26
6:30-8:30pm

\$50 class fee

Photo Preservation

Organize your photos and safely preserve your memories. This class will introduce you to storage and organizational methods and tips to developing a photo-safe storage system.

Tues. Feb 6, 13, 20
9:30-11:30am

\$35 class fee

Digital Photography

So, you got a digital camera for Christmas..... Now what? Learn how to take better pictures, color correct, crop and edit your photos. Explore printing and sharing your pictures.

Thurs. Feb 1 - March 1
10-11am

\$35 class fee

Intro to Windows

Discover your computer in plain terms and simple language. Learn the components of the PC, basic terminology, and software applications. Practice basic functions and develop confidence for learning software programs.

Sect A T/Th, Jan 23, 25, 30, Feb 1
6-7:30pm

Sect B M/W, Feb 19, 21, 26, 28
6-7:30pm

Sect C T/Th, March 20, 22, 27, 29
7:30-9pm

\$60 class fee

MS Office Overview

This Microsoft Office overview course is designed to give you a good look at all of the individual aspects of MS Office package. MS Word, MS Excel, Power Point and much more.

Sect A T/Th, Feb 6, 8, 13, 15
6-7:30pm

Sect B M/W, April 16, 18, 23, 25
7:30-9pm

\$60 class fee

How to Buy & Sell On the Internet

Can you shop on the internet? Do you want to sell on the internet? Discover how to buy and sell utilizing the world of internet resources. Discover the ins and outs of success and security and pick up lots of helpful tips to save you money. Just in time for the Holidays!

Wed. Jan 24, 31

6-9pm

\$60 class fee

Adobe Photoshop

Discover the darkroom inside your computer with this Photoshop class. You'll learn pixels, editing, masking, cloning and so much more. Basic computer skills required for this class.

Section A Mon. Feb 5, 12, 19, 26
6-8pm

Section B

Mon. March 26, April 2, 16, 23
6-8pm

\$85 class fee

COMPUTERS

TIME FOR TECHNO TRAINING

MS Word

This is a word processing software course. Learn how to create and enter text, navigate and edit, format pages, and create tables, save, retrieve documents, insert files and use graphics.

Sect A T/Th, Jan 23, 25, 30, Feb 1
7:30-9pm

Sect B M/W, Feb 19, 21, 26, 28
7:30-9pm

Sect C T/Th, March 20, 22, 27, 29
6-7:30pm

Sect D M/W, Mar 26, 28, Apr 2, 4
6-7:30pm

\$60 class fee

MS Excel

This spreadsheet class will teach the basic techniques of entering, moving, manipulating and copying data. Create worksheets that incorporate charts, formulas, data and functions.

Sect A T/Th, Feb 6, 8, 13, 15
7:30-9pm

Sect B M/W, April 16, 18, 23, 25
6-7:30pm

\$60 class fee

AutoCAD

An introductory course for new CAD users. In this course we will explore all the basic aspects of the AutoCad 2000 program. Learn to create and dimension drawings in a production setting. Requires basic computer user skills.

Sect A TWTh, Jan 30 - Feb 22
6-8pm

Sect B TWTh, March 20 - April 12
6-8pm

\$175 class fee

Web Page Design and Construction I

Learn how to create your own web pages and set up your own site. We will teach you how to write HTML files, link files to other local files and web pages, and embed graphics into your own web page. A great way to get started and understand the process.

Wed. Feb 7 - Feb 28

6-9pm

\$75 class fee

Web Page Design and Construction II

Do you want to learn more and take the web page building process to a new level? This class is a continuation class for web masters to be. Learn tricks, short cuts and ways to create the ultimate web page complete with color, photos and graphics. Come and create and construct a great web page.

Wed. March 21 - April 11

6-9pm

\$75 class fee

Home Computer Protection

How to protect your PC in 3 easy steps. Explore internet firewalls, computer updates, and the latest virus protection software. We will discuss spyware, the use of pop-up blockers, and how to transmit secure data.

M/W, Mar 26, 28

6-7:30pm

\$25 class fee

MS Power Point

A must for anyone that is responsible for group presentations. Learn the basics of creating a presentation in the Windows environment. Create title and bullet slides, use drawing tools and various presentation options.

Sect A M/W, Jan 29, 31 Feb 5, 7
6-7:30pm

Sect B T/Th, April 10, 12, 17, 19
6-7:30pm

\$60 class fee

Discover the World of Fly Fishing

Flyfishing in Texas? A fun fly fishing workshop covering all the aspects of this fast growing sport. Learn how to fly cast and all about the equipment, the basics of fly tying, and all the gear needed to get started. This class will also have the option of learning to build a custom fly rod. This class is for the true beginner as well as those with some experience. A great way to learn the basics and enjoy the sport of flyfishing. In class fee of \$10.

T/Th, Feb 27 - March 29

6:30-8:30pm

\$55 class fee

Clown College

Did you ever want to run away and join the circus? Well now is your chance to fulfill that childhood dream to be a clown. Learn how to dress, apply makeup, create skits, and develop your own clown persona.

Mon. Feb 5, 12, 19, 26

6:30-8:30pm

\$35 class fee

Alpacas in Texas?

Can you make a living with Alpacas? Can they thrive in Texas? How much do they cost? Answer all of your questions and learn all the ins and outs from local ranchers. A visit to Roberts Alpaca ranch is included in this class.

Wed. Feb 7

6-9pm

\$20 class fee

Bird Watching

Learn to identify a wide variety of birds. Discover field marks, songs of our area birds, and the birds that migrate through our area in this class. There are (2) optional field trips on Sat. March 31 and April 14 (8-11am) to explore the natural habitat and migration of our area's many birds.

Mon. March 19, 26, April 9

7-8:30pm

14 \$35 class fee

ACTIVITIES

QUALITY LEISURE TIME

Intro to Canoeing

A great class for the novice adult that is interested in learning the basics of canoe paddling. Learn the basic canoe stroke, how to outfit a canoe, basic safety and rescue, and how to have fun. Come prepared to have an enjoyable day at the lake and bring a sack lunch.

Saturday, April 14

9am - 3pm

\$35 class fee

Private Pilot Ground School

Private pilot ground school is for those wanting to pursue a pilot license, needing an aviation knowledge review, or simply interested in air navigation, weather, aircraft systems, and regulations. This class will prepare the student to pass the FAA written exam. Optional materials in class for \$110.

T/Th, Jan 30 - March 8

6-9pm

\$175 class fee

Tennis Lessons

Session I Jan 16 - Feb 8

Session II Feb 12 - March 8

Session III March 19 - April 12

Adult Beginner Team Tennis

M/W, 5:30-7pm

Adult Intermediate Team Tennis

M/W, 7-8:30pm

Adult Advanced Team Tennis

M/W, 7-8:30pm

\$65 class fee per session

K9 Kindergarten

A beginning obedience class for puppies that are at least 12 weeks old. Learn how to teach your puppy the basics of dog obedience. Get your new puppy off to the right start for a life time of mannerly companionship. All dogs must have proof of vaccination.

Do not bring dogs to first class.

Sun. March 4 - May 13

5-6pm

\$85 class fee

Dog Obedience I

Our obedience class for adult dogs (over 1 year) teaches you how to train your dog to be well-mannered. Exercises include: lead walking, greetings, and basic sit, stay, and come commands. Positive pet training method.

Do not bring dog to first class.

Sun. March 4 - May 13

6-7pm

\$85 class fee

Dog Obedience II

This class is for dogs that have complete a level I class or have basic obedience experience. Polish commands, introduce more advance signals, responses and work on new drills. Positive pet training method.

Sun. March 4 - May 13

7-8pm

\$85 class fee

Texas Hunter's Safety Certification Class

This course is required by Texas Parks & Wildlife to insure that all hunters are properly prepared for the hunting season. All hunters over the age of 12 must have successfully completed this hunter's safety course to hunt in Texas. Be sure to register early for class.

Section A Sat/Sun. Jan 27, 28

1-7pm

Section B Sat/Sun. April 21, 22

1-7pm

\$10 class fee & \$5 cert fee

Tae Kwon Do

A fun martial arts class just for children to learn the benefits of fitness, discipline and self-esteem. Uniform \$30

Monday Jan 22 - May 7

College Hills Elem 3:30-4:15pm

South Knoll Elem 4:30-5:15pm

Tuesday Jan 23 - May 8

Pebble Creek Elem 4-4:45pm

Wednesday Jan 24 - May 9

Southwood Valley Elem 4-4:45pm

Thursday Jan 25 - May 10

Rock Prairie Elem 4-4:45pm

Friday Jan 26 - May 11

Forest Ridge Elem 4-4:45pm

\$120 class fee

Karate For Kids

A special martial arts class for all kids 7 to 12 years old. Program focuses on physical and mental development by emphasizing discipline, confidence, respect, and control. Uniform \$30.

Section A

Mon. Jan 29 - March 26

6:15-7pm

\$120 class fee

Section B

Thurs. Feb 1 - March 29

6:15-7pm

\$120 class fee

Tiny Tigers Karate for 4-6

Our Tiny Tigers program is geared for children from 4 to 6 years of age. We focus on motor skills and mental development with an emphasis on listening, following directions, and working with others. Uniform fee of \$30.

Section A Mon. Jan 29 - March 26

5:30-6pm

\$120 class fee

Section B Thurs. Feb 1 - March 29

5:30-6pm

\$120 class fee

ACTIVITIES

JUST FOR KIDS

Cheerleading

These cheerleader clinics are offered for kids from K - 4th grade. We will focus on building the basic skills needed in cheerleading. We will teach cheers, chants, jumps and spirit dances. Great fun and a great way to learn what cheerleading is all about.

Monday

Jan 22 - April 30 3:30-4:15pm

Forest Ridge Elem School

Tuesday

Jan 23 - April 24 3:30-4:15pm

Southwood Valley Elem School

South Knoll Elem School

Wednesday

Jan 24 - April 25 3:30-4:15pm

Rock Prairie Elem School

Thursday

Jan 25 - April 26 3:30-4:15pm

Pebble Creek Elem School

Friday

Jan 26 - May 11 3:30-4:15pm

College Hills Elem School

\$120 class fee 12 week class

Stretch and Grow Activities for Kids

This is a fitness awareness program designed for kids ages 3 - 5. We teach the importance of a healthy lifestyle and the perils of inactivity. This is a comprehensive approach to developing the child as a whole. Discover activities for motor skills, games, balance and rhythm where every child is the focus.

Thurs. Jan 25 - April 19

10:30-11am

\$120 class fee

Learn to Swim Swimming Lessons Ages 3-12

Session I

Jan 16 - Feb 8

Session II

Feb 12 - March 8

Session III

March 19 - April 12

Frogs (I, II, III)

\$35 class fee

M/W or T/Th

5:30pm or 6pm

Minnows

\$40 class fee

M/W

6:30pm

Seahorses

\$40 class fee

M/W or T/Th

6:30pm

Crocodiles

\$40 class fee

T/Th

6:30pm

Dolphins

\$40 class fee

T/Th

6:30pm

Tennis Lessons Have Fun Make Friends Get Fit

Session I

Jan 16 - Feb 8

Session II

Feb 12 - March 8

Session III

March 19 - April 12

Youth Beginner Team Tennis

T/Th, 6-7pm

Youth Intermediate Team Tennis

T/Th, 4:30 -6pm

Youth Advanced Team Tennis

T/Th, 7-8:30pm

\$65 class fee per session

Cooking for Kids Let's Make a Pizza

A class for Mom (or Dad) and Child. Together you will create delicious homemade pizza in about the same time it takes to order from the pizza man. Great recipes and home how tos will be shared. Each child (ages 6 or older only) must be accompanied by a parent. A quality time experience.

Thurs. Feb 8

6:30-8:30pm

\$30 class fee (per team)

Home Landscape Design & Planting

Plan your entire landscape or rework an existing flower bed. We will cover everything from bed preparation to plant selection and caring for the finished product. Learn design principles to give your home that professional landscaped look.

Tues. Feb 13 7-8:30pm
\$20 class fee

Pruning for Spring

Learn the proper way to prune crepe myrtles, fruit trees, roses and shrubs. Discover the right time for all of your landscaping pruning. Bring pruning shears to class and dress for weather.

Tues. Feb 6 7-8:30pm
\$20 class fee

Native Plants & Texas Superstars

Texas natives are not just cactus and mesquite! Many natives are colorful, sturdy plants that work in your landscape. Texas superstars are the best of the best plantings tested in Texas.

Tues. March 20 7-8:30pm
\$20 class fee

America's Country Store Close Quarters Feed & Pet Supply 14675 FM 2154 Wellborn

Vegetable Gardens

Learn how to prepare your garden soil for the upcoming growing season. Discover the best varieties and proper watering and fertilization techniques to increase your harvest in local our area.

Tues. March 6 7-8:30pm
\$20 class fee

Planting for Summer

Prepare your landscape for this area's harshest season. Summer is coming and we can help you to deal with the hot season ahead. Have a beautiful yard despite the tough conditions.

Tues. May 1 7-8:30pm
\$20 class fee

Spring Bulbs

Discover which bulbs will naturalize in our area. Learn how to fertilize and care for your bulbs in beds and pots.

Tues. April 24 7-8:30pm
\$20 class fee

Hummingbird and Butterfly Gardens

Discover the tricks to attracting butterflies and hummingbirds to your garden. We are in the migratory path of both of these garden gems. Entice them into your space with their favorite plants.

Tues. Feb 27 7-8:30pm
\$20 class fee

Container Gardens

We will help you select plants and teach you the proper care methods to make you the envy of the neighborhood. Use color, texture, and plant compatibility for success. Bring a container of your own or choose one of ours to build your container garden.

Tues. April 10 7-8:30pm
\$20 class fee

Home Lawn Care

What do you do when your grass is brown? How do you control all of those weeds in your lawn? You can see bare spots and dirt everywhere. Now what do you do? Help with all of this and more in our lawn workshop.

Tues. March 27 7-8:30pm
\$20 class fee

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